If you are interested in Being a Navapashanam Bead carrier, here are the steps:

1. Receive the water free for some period of time.
   A. Receive the introduction and set 3 intentions using outline below; Taking Navapashanam,
   B. Drink the Holy Navapashanam Water daily for some time.
   C. Meditate Inn in your Heart with your intentions for 1-3 minutes.
   D. Tell what your experiences are?

2. Give the Holy water to friends after giving them the introduction and meditating with them for 1-3 minutes.
   Have your friends tell you their experience.

3. Tell what your program would be with a bead of Navapashanam? All options are just fine. It is up to you to decide as you follow your heart.
   A. Do you plan to give away the Holy Water?
   B. Do you plan to sell the Holy Water?
   C. Will you be accepting donations?
   D. Do you plan to use the Holy Bead in Business? Are you planning to energize some food, drink or cosmetic product etc?

4. If your program results in some monetary blessing to you, then you agree to give 3 % of all monies collected or financial benefits received from your use of a Navapashanam Bead to Siddha Papa in India Quarterly, through Swaha Ron.

5. Once all of this is done I will tell you the price of the bead; which is the required exchange of energy and the karma associated- set by Papa the Navapashanam Master.

**Taking Navapashanam**

By Swaha Ron – Swaha@Discerning-Wisdom.com – 818-298-6100
WWW.Discerning-Wisdom.Com

Sankalpa is A Robust Declaration of Manifest Truth

- When the individual Sankalpa is aligned with Cosmic Sankalpa this ALIGNMENT orchestrates the INFINITE Organizing Power of the entire Universe so that the Individual Intention becomes the Cosmic Intention and the Cosmic Intention becomes the Individual Intention.

- Sankalpa means Intention in the Sense of a Prayer or Resolution formed for the Attained Recognition of a Spiritual Purpose that is for the Benefit of ALL

- Sankalpa is the Resolve, Determination and Good Intention that Resonates Precisely in the CORE of My Being and Aligns Sublimely with My Essence

- In its greatest sense, Sankalpa brings about alignment with the greatest good in the Immortal Self, that Self in which We are All One.

- Sankalpa is the Subtlest level of Intention at the Cusp of Choice-less Awareness where Truth meets Thought.

- The Sankalpa is revealed as part of the inner work, personal path, our spiritual practices that lead us to Experiencing the Purpose of Our Life.

If you are drawn to take the Navapashanam Elixir/Energized Water the following is one way of proceeding. **Set a SANKALPA or an Intention or a Resolution OF & Inn the Heart.** The Most important thing is to Follow Your Heart of Hearts. In Setting Intentions set them in the Positive because it is better to state what you want than to state what you don’t want. Here are sample wording:

A. This body is perfectly healthy being an expression of the Divine Light; Being pain free,
B. This body is the Divine Expressing Itself in how it feels and looks – as an 18 years old,
C. This body’s internal operation is perfectly balanced and operating at the highest expression of health.
D. This body is free of any dis-ease including – diabetes, cancer, high blood pressure, fear, obesity etc.
E. This body easily, gracefully & responsibly receives abundance, wealth & blessings of the Light.

2. I Am Now Setting My Personal Sankulpa/Intention for My Mental/Psychological Health & Wellbeing.
   A. This Expression of the Divine Emotionally Participates in Life Inn Love, with Respect & through Grace.
   B. My Emotions, Words, Thoughts & Actions are expressed for the Highest Good of All.
   C. Anger is transformed into Peace, Fear is transformed into Love, Guilt is transformed into Understanding.
   D. Ego is Surrendered; with a request, desire and willingness for Ego to Identify with Spirit.

   and Command that All Energies and Influences to stay around Me MUST:
   A. Know Me; B. Must Love Me; C. Must Have My Highest Good Inn Mind and Inn Heart; D. Must Take off
      All Masks.

4. A. I Pray that I May Be the Ultimate Love of Existence.
   B. I Pray that I May Grow beyond this World and Surpass It.
   C. Though My Roots Are Inn the Dark Depths of this World; I Pray that I May Raise My Head into the
      Fullness of Light.
   D. I Pray that I May Be the Living Synthesis of the Deepest.
   E. I Pray that I May Be the Living Synthesis of the Brightest of Darkness and Light.
   F. I Pray that I May Be the Living Synthesis of the Material and Immaterial.
   G. I Pray that I May Be the Living Synthesis of the Limitations of Individuality.
   H. I Pray that I May Be the Living Synthesis of the Boundlessness of Universality.
   I. I Pray that I May Be the Living Synthesis of the Formed and the Formless.

5. Take 1 dose: Navapashanam 1 Ounce or 1 eye dropper full. Then, review your Sankulpa above Inn Meditation
   Inn your Heart of Hearts. Meditate and Pray as per you Spiritual Inclination.